

5 Minutes A Day Warm-up #1

Warm-up Chorale

Bb Tenor Sax

Play in a broad legato style, strive for the best possible tone.
Try to breathe only where marked.

L.V. Beethoven, 1824
Arranged by Andy Clark

Not too Slowly

Musical notation for the Warm-up Chorale, arranged for Bb Tenor Sax. The piece is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. The notation consists of three staves. The first staff starts with a treble clef, a key signature of one flat (Bb), and a 4/4 time signature. The melody is written on a single staff. There are several slurs and accents throughout. A circled number '9' is placed above the eighth measure of the second staff, indicating a breath mark. The piece concludes with a double bar line and repeat dots.

Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

Lightly in a Steady Tempo

Musical notation for the Interval Study and Technique Exercise, arranged for Bb Tenor Sax. The piece is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. The notation consists of four staves. The first staff starts with a treble clef, a key signature of one flat (Bb), and a 4/4 time signature. The exercise features a series of eighth-note patterns and slurs. A circled number '9' is placed above the first measure of the third staff, indicating a breath mark. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

Musical notation for the Tuning Routine, arranged for Bb Tenor Sax. The piece is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. The notation consists of a single staff. The routine features a series of quarter notes and half notes, with slurs and accents. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #2

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838

Arranged by Andy Clark

Bb Tenor Sax

Legato

Musical notation for the Warm-up Chorale, Bb Tenor Sax part. The piece is in 4/4 time and B-flat major. It consists of three staves of music. The first staff begins with a treble clef, a key signature of one flat, and a 4/4 time signature. The tempo/mood is marked *mf*. The music features a series of eighth notes and quarter notes, with some notes beamed together. The second staff continues the melody with similar rhythmic patterns. The third staff concludes the piece with a final cadence.

Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

Lightly in a Steady Tempo

Musical notation for the Key Study and Technique Exercise, Bb Tenor Sax part. The piece is in 4/4 time and B-flat major. It consists of four staves of music. The first staff begins with a treble clef, a key signature of one flat, and a 4/4 time signature. The tempo/mood is marked *mf*. The music features a series of eighth notes and quarter notes, with some notes beamed together. The second staff continues the melody with similar rhythmic patterns. The third staff begins with a circled '9' above the first measure, indicating a measure rest. The fourth staff concludes the piece with a final cadence.

Tuning Routine

Good intonation requires good breath support.

Support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine, Bb Tenor Sax part. The piece is in 4/4 time and B-flat major. It consists of one staff of music. The staff begins with a treble clef, a key signature of one flat, and a 4/4 time signature. The music features a series of whole notes and half notes, with some notes beamed together. The piece concludes with a final cadence.

5 Minutes A Day Warm-up #4

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647
Arranged by Andy Clark

Bb Tenor Sax

Confidently and with motion

Musical notation for the Warm-up Chorale, Bb Tenor Sax part. The piece is in G major (one sharp) and 4/4 time. It consists of three staves of music. The first staff begins with a dynamic marking of *f*. The notation includes various note values, rests, and accidentals, with a circled '9' indicating a measure repeat. The piece concludes with a double bar line and repeat dots.

Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

Steady Walking Tempo (♩ = ♩)

Musical notation for the Mixed Meter Exercise and Key Study. The exercise is in a steady walking tempo and consists of four staves of music. The first staff is in G major and 3/4 time, marked *mf*. The second staff continues in G major with a 2/4 time signature. The third and fourth staves transition to D minor (two flats) with 3/4, 5/4, 6/4, and 7/4 time signatures. A circled '9' is present in the second staff. The exercise concludes with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900
Arranged by Andy Clark

As Smoothly As Possible

Musical notation for the Tuning Routine. The piece is in G major and 4/4 time. It consists of two staves of music. The notation features long, flowing lines with various note values and rests, designed to help the player support their tone and adjust their tuning throughout the piece. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #5

Bb Tenor Sax

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876
Arranged by Andy Clark

Musical notation for the Warm-up Chorale, consisting of three staves. The first staff begins with a treble clef, a key signature of two flats (Bb and Eb), and a 4/4 time signature. The music starts with a mezzo-forte (*mf*) dynamic. The first staff contains measures 1 through 7. The second staff begins with a circled number 8 and contains measures 8 through 14. The third staff begins with a circled number 15 and contains measures 15 through 21. The piece concludes with a double bar line and repeat dots.

Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

Musical notation for the Key Study & Technique Exercise, consisting of four staves. The first staff begins with a treble clef, a key signature of two flats, and a 4/4 time signature. The music starts with a mezzo-forte (*mf*) dynamic. The second staff contains a series of eighth-note triplets. The third staff begins with a circled number 9 and contains a series of eighth-note triplets. The fourth staff contains a series of eighth-note triplets. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

Musical notation for the Tuning Routine, consisting of a single staff. The staff begins with a treble clef, a key signature of two flats, and a 4/4 time signature. The music consists of a series of whole notes: G2, Bb2, D3, F3, Ab3, C4, and G4. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #6

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824
Arranged by Andy Clark

Bb Tenor Sax

Maestoso

Musical score for Bb Tenor Sax, Warm-up Chorale. The score is in 4/4 time and B-flat major. It consists of three staves of music. The first staff begins with a dynamic marking of *f*. The second staff has a circled '9' above the first measure and a dynamic marking of *mp* below the first measure. The third staff ends with a double bar line and repeat dots. The music is written in a broad, legato style.

Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

Moderately

Musical score for Articulation & Technique Exercise + Key Study. The score is in 4/4 time and starts in B-flat major. It consists of four staves of music. The first staff is in B-flat major. The second staff is in B-flat major. The third staff has a circled '9' above the first measure and is in D major. The fourth staff is in D major and ends with a double bar line and repeat dots. The music is written in a moderately paced, articulated style.

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846
Arranged by Andy Clark

Broadly

Musical score for Tuning Routine. The score is in 4/4 time and starts in B-flat major. It consists of two staves of music. The first staff is in B-flat major. The second staff is in D major and ends with a double bar line and repeat dots. The music is written in a broadly paced, legato style.

5 Minutes A Day Warm-up #7

Warm-up Chorale

Bb Tenor Sax

Play in a broad legato style and strive for the best possible tone.
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880
Arranged by Andy Clark

Slowly



9 *Slightly Faster*



Ritard...



Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

Marcato with Spirit



Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868
Arranged by Andy Clark

Slowly



5 Minutes A Day Warm-up #8

Warm-up Chorale

Bb Tenor Sax

Play in a broad marcato style and strive for the best possible tone.
Hold all notes full value and maintain steady tempo until the ritard.

Ralph V. Williams, 1906
Arranged by Andy Clark

Slow and Stately March Tempo

Musical notation for the Warm-up Chorale, Bb Tenor Sax part. The piece is in 4/4 time and G major. It begins with a dynamic marking of *f*. The melody consists of a series of eighth and quarter notes. A circled '9' indicates a measure repeat. The piece concludes with a *Ritard...* marking and a fermata over the final note.

6/8 Rhythm Drill and Minor Key Study

1X: *Slowly & Legato in 6*

2X: *Faster but Lightly in 2*

3X: *Faster Gigue Tempo in 2*

Musical notation for the 6/8 Rhythm Drill and Minor Key Study. The piece is in 6/8 time and G major. It begins with a dynamic marking of *mf*. The melody consists of eighth and quarter notes. A circled '9' indicates a measure repeat. The piece concludes with a fermata over the final note.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine. The piece is in 4/4 time and G major. It consists of a series of whole notes on a single staff, followed by a double bar line and a fermata over the final note.

5 Minutes A Day Warm-up #9

Warm-up Chorale

Play in a broad flowing style and strive for the best possible tone.
Listen carefully to the pitch relationships of the minor key and hold all notes full value.

Bb Tenor Sax

In tempo, but not too fast

Old French Carol Melody
Arranged by Andy Clark

mf

7

13

Key Study and Articulation Exercise

This study focuses on keys with sharps. Check fingerings and practice until they feel comfortable.

Strive for accuracy at a steady tempo

mf

9

Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.

mf

5 Minutes A Day Warm-up #10

Warm-up Chorale

Play in a broad flowing style and hold all notes full value.
Strive for the best possible tone.

Jean Sibelius, 1899
Arranged by Andy Clark

Bb Tenor Sax

Broadly

Musical notation for the Warm-up Chorale, Bb Tenor Sax part. The piece is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. The first line of music is marked *Broadly*. The notation includes a circled number 9 at the start of the second line and a circled number 17 at the start of the third line. The piece concludes with a final double bar line.

Tonguing Exercise, Rhythm & Key Study

Tongue each note cleanly unless marked otherwise. Careful with the triplets in the last few bars!

As fast as you can tongue with a steady tempo

Musical notation for the Tonguing Exercise, Rhythm & Key Study. The exercise is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. It consists of four lines of music. The first line is marked *mf*. The second line contains a circled number 9. The third and fourth lines feature triplet markings (indicated by a '3' above the notes) in the final bars of the exercise.

Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

Musical notation for the Tuning Routine. The routine is in 4/4 time and begins with a *Carefully* dynamic. It consists of two lines of music, each featuring a single note held for a full measure. The first line contains five notes, and the second line contains two notes.

5 Minutes A Day Warm-up #11

Warm-up Chorale

Bb Tenor Sax

Strive for the best possible tone and play in a broad flowing style
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824
Arranged by Andy Clark

Slowly

Musical notation for the Warm-up Chorale, consisting of three staves. The first staff begins with a treble clef, a key signature of one sharp (F#), and a 4/4 time signature. The music starts with a mezzo-forte (*mf*) dynamic. The melody is written in a broad, flowing style with long note values. A circled number '9' is placed above the first measure of the second staff. The piece concludes with a double bar line and repeat dots.

Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

Musical notation for the Key Study and Articulation Exercise, consisting of four staves. The first staff is in G major (one sharp) and 4/4 time, starting with a mezzo-forte (*mf*) dynamic. The second staff changes to E minor (three flats). The third staff changes to C minor (three flats). The fourth staff changes to Bb minor (four flats). The exercise features eighth-note patterns with accents and slurs, designed to practice articulation and key changes.

Tuning Routine

In order for the dissonance in this tuner to resolve properly,
it must be played in tune. Listen carefully for the tension and releases.

Slowly

Musical notation for the Tuning Routine, consisting of two staves. The first staff is in 4/4 time and features a sequence of notes with rests, designed to create dissonance. The second staff continues the sequence, showing how the dissonance resolves. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #12

Warm-up Chorale

Strive for the best possible tone and play in a smooth flowing style
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817
Arranged by Andy Clark

Bb Tenor Sax

As Smoothly As Possible

Musical notation for the Warm-up Chorale, Bb Tenor Sax part. The piece is in 4/4 time and D major. It consists of three staves of music. The first staff begins with a mezzo-forte (*mf*) dynamic marking. The second staff contains a circled number 9 above a note, indicating a measure rest. The third staff concludes the piece with a repeat sign.

Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

Musical notation for the Chromatic Scale Exercise, Bb Tenor Sax part. The exercise is in 4/4 time and D major. It consists of four staves of music. The first staff begins with a mezzo-forte (*mf*) dynamic marking. The second and third staves contain circled numbers 9 above notes, indicating measure rests. The fourth staff concludes the exercise with a repeat sign.

Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

Musical notation for the Tuning Routine, Bb Tenor Sax part. The routine is in 4/4 time and D major. It consists of two staves of music. The first staff begins with the instruction *Broadly*. The second staff concludes the routine with a repeat sign.