

5 Minutes A Day Warm-up #1

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Try to breathe only where marked.

L.V. Beethoven, 1824

Arranged by Andy Clark

Tubas

Not too Slowly

Musical notation for the Warm-up Chorale, consisting of three staves of music in bass clef, 4/4 time, with a key signature of two flats. The first staff starts with a mezzo-forte (*mf*) dynamic and includes a fermata over the final note. The second staff has a circled '9' above the first measure. The third staff ends with a repeat sign and a fermata over the final note.

Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

Lightly in a Steady Tempo

Musical notation for the Interval Study and Technique Exercise, consisting of four staves of music in bass clef, 4/4 time, with a key signature of two flats. The first staff starts with a mezzo-forte (*mf*) dynamic. The second staff has a circled '9' above the first measure. The fourth staff ends with a repeat sign.

Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

Musical notation for the Tuning Routine, consisting of one staff of music in bass clef, 4/4 time, with a key signature of two flats. The piece features a series of notes with fermatas, designed for tuning purposes.

5 Minutes A Day Warm-up #2

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838
Arranged by Andy Clark

Tubas

Legato

Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

Lightly in a Steady Tempo

Tuning Routine

Good intonation requires good breath support.
Support your tone and adjust your tuning throughout.

5 Minutes A Day Warm-up #2

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838
Arranged by Andy Clark

Tubas

Legato



Key Study and Technique Exercise

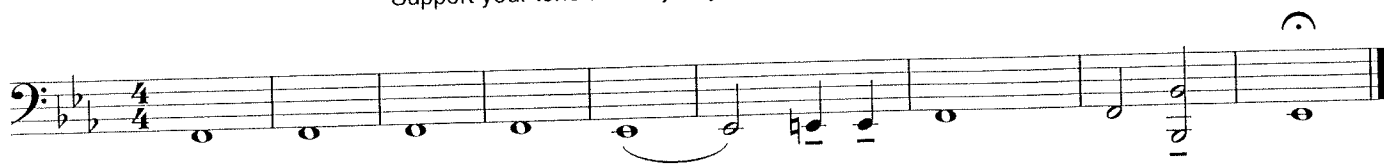
Watch out for the key changes and strive to play the articulations exactly as marked.

Lightly in a Steady Tempo



Tuning Routine

Good intonation requires good breath support.
Support your tone and adjust your tuning throughout.



5 Minutes A Day Warm-up #3

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Play this chorale in 4 bar phrases and do not breathe between fermatas.

W.H. Monk, 1861
Arranged by Andy Clark

Tubas

Broadly, do not rush!

Musical score for Tubas, Warm-up Chorale. The score is written in bass clef, 4/4 time, and B-flat major. It consists of three staves of music. The first staff begins with a dynamic marking of *mf* and a fermata. The second staff has a circled number 9 above it. The third staff ends with a double bar line and repeat dots.

Lip Slur Exercise and Key Study

Play entire phrases without break. Strive for accuracy and watch for the key change.

Steady Moderato

Musical score for Tubas, Lip Slur Exercise and Key Study. The score is written in bass clef, 4/4 time, and B-flat major. It consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The second staff has a circled number 9 above it. The score features slurs and key changes.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical score for Tubas, Tuning Routine. The score is written in bass clef, 4/4 time, and B-flat major. It consists of one staff of music. The score features slurs and fermatas.

5 Minutes A Day Warm-up #4

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647
Arranged by Andy Clark

Tubas

Confidently and with motion



Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

Steady Walking Tempo (♩ = ♩)

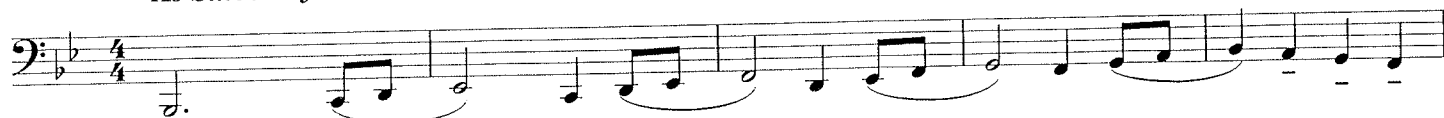


Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900
Arranged by Andy Clark

As Smoothly As Possible



5 Minutes A Day Warm-up #5

Tubas

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876
Arranged by Andy Clark

mf

8

15

Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

mf

9

Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

5 Minutes A Day Warm-up #6

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824
Arranged by Andy Clark

Tubas

Maestoso



9



Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

Moderately



9



Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846
Arranged by Andy Clark

Broadly



5 Minutes A Day Warm-up #7

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880
Arranged by Andy Clark

Tubas

Slowly



Slightly Faster



Ritard...



Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

Marcato with Spirit



Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868
Arranged by Andy Clark

Slowly



5 Minutes A Day Warm-up #8

Warm-up Chorale

Tubas

Play in a broad marcato style and strive for the best possible tone.
Hold all notes full value and maintain steady tempo until the ritard.

Ralph V. Williams, 1906
Arranged by Andy Clark

Slow and Stately March Tempo



6/8 Rhythm Drill and Minor Key Study

1X: *Slowly & Legato in 6*

2X: *Faster but Lightly in 2*

3X: *Faster Gigue Tempo in 2*



Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.



5 Minutes A Day Warm-up #9

Warm-up Chorale

Play in a broad flowing style and strive for the best possible tone.
Listen carefully to the pitch relationships of the minor key and hold all notes full value.

Old French Carol Melody
Arranged by Andy Clark

Tubas

In tempo, but not too fast



Key Study and Articulation Exercise

This study focuses on keys with sharps. Check fingerings and practice until they feel comfortable.

Strive for accuracy at a steady tempo



Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.



5 Minutes A Day Warm-up #10

Warm-up Chorale

Play in a broad flowing style and hold all notes full value.
Strive for the best possible tone.

Jean Sibelius, 1899
Arranged by Andy Clark

Ubas

Broadly

Musical notation for the Warm-up Chorale, consisting of three staves in bass clef with a key signature of two flats and a 4/4 time signature. The first staff begins with a *mf* dynamic and a *Broadly* instruction. The second staff contains a circled measure number 9. The third staff contains a circled measure number 17 and ends with a *f* dynamic. The music features a slow, flowing melody with long note values and some slurs.

Tonguing Exercise, Rhythm & Key Study

Tongue each note cleanly unless marked otherwise. Careful with the triplets in the last few bars!
As fast as you can tongue with a steady tempo

Musical notation for the Tonguing Exercise, Rhythm & Key Study, consisting of four staves in bass clef with a key signature of two flats and a 4/4 time signature. The first staff begins with a *mf* dynamic. The second staff contains a circled measure number 9. The third and fourth staves feature triplets, indicated by a '3' above the notes. The exercise is characterized by rapid, rhythmic patterns.

Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

Carefully

Musical notation for the Tuning Routine, consisting of two staves in bass clef with a key signature of two sharps and a 4/4 time signature. The first staff contains a series of notes, including a whole note G4. The second staff contains a whole note G4 with a circled measure number 9 below it. The routine is designed for careful listening and tuning.

5 Minutes A Day Warm-up #11

Warm-up Chorale

Strive for the best possible tone and play in a broad flowing style
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824
Arranged by Andy Clark

Tubas

Slowly

mf

9

Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

mf

9

Tuning Routine

In order for the dissonance in this tuner to resolve properly,
it must be played in tune. Listen carefully for the tension and releases.

Slowly

mf

5 Minutes A Day Warm-up #12

Warm-up Chorale

Strive for the best possible tone and play in a smooth flowing style
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817
Arranged by Andy Clark

Tubas

As Smoothly As Possible

mf

9

Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

mf

9

3

Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

Broadly

Broadly