

# 5 Minutes A Day Warm-up #1

## Warm-up Chorale

Flutes

Play in a broad legato style, strive for the best possible tone.  
Try to breathe only where marked.

L.V. Beethoven, 1824  
Arranged by Andy Clark

*Not too Slowly*

Musical score for Flute in 4/4 time, key of B-flat major. The score consists of three staves. The first staff begins with a treble clef, a key signature of two flats, and a 4/4 time signature. The tempo marking is *mf*. The melody is written in a broad legato style. The second staff contains a circled number '9' above a measure, indicating a breath mark. The third staff concludes the piece with a double bar line and repeat dots.

## Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

*Lightly in a Steady Tempo*

Musical score for Flute in 4/4 time, key of B-flat major. The score consists of four staves. The first staff begins with a treble clef, a key signature of two flats, and a 4/4 time signature. The tempo marking is *mf*. The exercise features a series of eighth-note intervals. The second staff contains a circled number '9' above a measure, indicating a breath mark. The fourth staff concludes the exercise with a double bar line and repeat dots.

## Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

Musical score for Flute in 4/4 time, key of B-flat major. The score consists of one staff. It begins with a treble clef, a key signature of two flats, and a 4/4 time signature. The exercise focuses on tuning, featuring a series of notes and chords. The notes are marked with a 'p' (piano) dynamic. The score concludes with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #2

## Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.  
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838  
Arranged by Andy Clark

Flutes

*Legato*

*mf*

## Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

*Lightly in a Steady Tempo*

*mf*

9

## Tuning Routine

Good intonation requires good breath support.  
Support your tone and adjust your tuning throughout.

2

# 5 Minutes A Day Warm-up #3

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Play this chorale in 4 bar phrases and do not breathe between fermatas.

W.H. Monk, 1861

Arranged by Andy Clark

Flutes

*Broadly, do not rush!*

Musical score for Flutes, Warm-up Chorale. The score is written in 4/4 time with a key signature of two flats (B-flat and E-flat). It consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The music is characterized by a broad, legato style with several fermatas. A circled number '9' is placed above the second staff, indicating a measure rest. The piece concludes with a double bar line and repeat dots.

## Lip Slur Exercise and Key Study

Play entire phrases without break. Strive for accuracy and watch for the key change.

*Steady Moderato*

Musical score for Lip Slur Exercise and Key Study. The score is written in 4/4 time with a key signature of two flats. It consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The exercise features continuous eighth-note patterns with slurs and breath marks. A circled number '9' is placed above the third staff, indicating a measure rest. The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical score for Tuning Routine. The score is written in 4/4 time with a key signature of two flats. It consists of a single staff of music. The routine includes various intervals and chords, with fermatas placed above several notes to indicate where to listen and adjust tuning. The piece concludes with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #4

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647  
Arranged by Andy Clark

Flutes

*Confidently and with motion*

Musical score for Flutes, Warm-up Chorale. The score is in 4/4 time and consists of three staves. The first staff begins with a dynamic marking of *f*. The second staff contains a circled number 9. The piece concludes with a repeat sign.

## Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

*Steady Walking Tempo* (♩ = ♩)

Musical score for Mixed Meter Exercise and Key Study. The score is in G minor and consists of four staves. The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9. The piece concludes with a repeat sign.

## Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900  
Arranged by Andy Clark

*As Smoothly As Possible*

Musical score for Tuning Routine. The score is in 4/4 time and consists of two staves. The first staff begins with a circled number 2. The piece concludes with a repeat sign.

# 5 Minutes A Day Warm-up #5

## Warm-up Chorale

Flutes

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876  
Arranged by Andy Clark

Musical score for the Warm-up Chorale, consisting of three staves of music in 4/4 time. The key signature has four flats (B-flat, E-flat, A-flat, D-flat). The first staff begins with a dynamic marking of *mf*. The second staff has a circled number 8 above the first measure. The third staff has a circled number 15 above the first measure. The piece concludes with a double bar line and repeat dots.

## Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

Musical score for the Key Study & Technique Exercise, consisting of four staves of music in 4/4 time. The key signature changes from four flats to three flats (B-flat, E-flat, A-flat) in the second staff. The first staff begins with a dynamic marking of *mf*. The second and fourth staves contain numerous triplet markings (indicated by a '3' above the notes). The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

Musical score for the Tuning Routine, consisting of one staff of music in 4/4 time. The key signature has four flats. The first measure is marked with a circled number 2. The piece concludes with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #6

## Warm-up Chorale

Flutes

Play in a broad legato style and strive for the best possible tone.  
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824  
Arranged by Andy Clark

*Maestoso*

Musical score for Flutes, consisting of three staves. The first staff begins with a treble clef, a key signature of three flats (B-flat, E-flat, A-flat), and a 4/4 time signature. The first measure is marked with a forte *f* dynamic. The second staff has a circled number '9' above the first measure and a mezzo-forte *mp* dynamic below the first measure. The third staff is marked with a mezzo-forte *mf* dynamic below the first measure. The piece concludes with a double bar line and repeat dots.

## Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

*Moderately*

Musical score for Articulation & Technique Exercise + Key Study, consisting of four staves. The first staff is in 4/4 time with a key signature of three flats. The second staff changes to a key signature of two flats. The third staff has a circled number '9' above the first measure. The fourth staff includes accents (^) and breath marks (>) above several notes. The piece ends with a double bar line and repeat dots.

## Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846  
Arranged by Andy Clark

*Broadly*

Musical score for Tuning Routine, consisting of two staves. The first staff is in 4/4 time with a key signature of three flats. The second staff features a half note with a fermata, followed by two quarter notes, each with a fermata. The piece ends with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #7

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880  
Arranged by Andy Clark

Flutes

The musical score for the Warm-up Chorale is written for Flutes in 4/4 time. It consists of three staves of music. The first staff begins with the tempo marking *Slowly* and the dynamic marking *mf*. The second staff includes the tempo markings *Slightly Faster* and *f*, and features a circled number 9 above the staff. The third staff concludes with the tempo marking *Ritard...*. The key signature is one flat (B-flat major or D minor).

## Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

*Marcato with Spirit*

The musical score for the Counting Exercise and Key Study is written in 4/4 time. It consists of four staves of music. The first staff is marked *Marcato with Spirit*. The key signature starts with one flat (B-flat major or D minor) and changes to two flats (B-flat major or D minor) in the second staff. A circled number 9 is placed above the third staff. The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868  
Arranged by Andy Clark

*Slowly*

The musical score for the Tuning Routine is written in 4/4 time. It consists of two staves of music. The key signature is two flats (B-flat major or D minor). The tempo marking is *Slowly*. The piece concludes with a double bar line and repeat dots.





# 5 Minutes A Day Warm-up #9

## Warm-up Chorale

Play in a broad flowing style and strive for the best possible tone.  
Listen carefully to the pitch relationships of the minor key and hold all notes full value.

Flutes

Old French Carol Melody  
Arranged by Andy Clark

*In tempo, but not too fast*

mf

## Key Study and Articulation Exercise

This study focuses on keys with sharps. Check fingerings and practice until they feel comfortable.  
Strive for accuracy at a steady tempo

mf

## Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.

# 5 Minutes A Day Warm-up #10

## Warm-up Chorale

Play in a broad flowing style and hold all notes full value.  
Strive for the best possible tone.

Jean Sibelius, 1899

Arranged by Andy Clark

Flutes

*Broadly*

*mf*

9

17

*f*

## Tonguing Exercise, Rhythm & Key Study

Tongue each note cleanly unless marked otherwise. Careful with the triplets in the last few bars!

As fast as you can tongue with a steady tempo

*mf*

9

9

3 3 3 3

## Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

*Carefully*

4

# 5 Minutes A Day Warm-up #11

## Warm-up Chorale

Strive for the best possible tone and play in a broad flowing style  
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824  
Arranged by Andy Clark

Flutes

*Slowly*

*mf*

9

## Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

*mf*

9

## Tuning Routine

In order for the dissonance in this tuner to resolve properly,  
it must be played in tune. Listen carefully for the tension and releases.

*Slowly*

4/4

# 5 Minutes A Day Warm-up #12

## Warm-up Chorale

Flutes

Strive for the best possible tone and play in a smooth flowing style  
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817  
Arranged by Andy Clark

*As Smoothly As Possible*

Musical score for Flutes, Warm-up Chorale. The score is in 4/4 time and G major. It consists of three staves of music. The first staff begins with a dynamic marking of *mf*. The second staff has a circled '9' above the first measure. The piece concludes with a double bar line and repeat dots.

## Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

Musical score for Chromatic Scale Exercise. The score is in 4/4 time and B-flat major. It consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The second staff contains a circled '9' above the first measure. The third and fourth staves feature triplet markings (indicated by a '3' above the notes) over various chromatic scale passages. The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

*Broadly*

Musical score for Tuning Routine. The score is in 4/4 time and B-flat major. It consists of a single staff of music. The piece begins with a dynamic marking of *Broadly* and concludes with a double bar line and repeat dots.