

# 5 Minutes A Day Warm-up #1

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

L.V. Beethoven, 1824

*Not too Slowly*

Try to breathe only where marked.

Arranged by Andy Clark

Musical score for Warm-up Chorale, arranged by Andy Clark. The score is written in bass clef, 4/4 time, and B-flat major. It consists of three staves of music. The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9, indicating a breath mark. The piece concludes with a double bar line and repeat dots.

## Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

*Lightly in a Steady Tempo*

Musical score for Interval Study and Technique Exercise, arranged by Andy Clark. The score is written in bass clef, 4/4 time, and B-flat major. It consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9, indicating a breath mark. The exercise involves various intervals and rhythmic patterns, including eighth and sixteenth notes. The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

Musical score for Tuning Routine, arranged by Andy Clark. The score is written in bass clef, 4/4 time, and B-flat major. It consists of one staff of music. The routine includes a series of notes and rests, designed to help the player support their tone and adjust their tuning throughout. The piece concludes with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #2

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.  
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838  
Arranged by Andy Clark

*Legato*

*mf*

The musical score for the Warm-up Chorale consists of four staves of music in bass clef, 4/4 time, and B-flat major. The first staff begins with a *Legato* instruction and a *mf* dynamic. The music features a mix of eighth and quarter notes, with some slurs and accents. The second staff continues the melody with similar rhythmic patterns. The third staff shows a key change to D-flat major (two flats) and includes a fermata over the final note. The fourth staff concludes the piece with a repeat sign.

## Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

*Lightly in a Steady Tempo*

*mf*

The Key Study and Technique Exercise consists of four staves of music in bass clef, 4/4 time, and B-flat major. The first staff starts with a *mf* dynamic and features a steady eighth-note pattern. The second staff continues this pattern with some slurs. The third staff begins with a circled number '9' and shows a key change to D-flat major (two flats). The fourth staff concludes the exercise with a repeat sign.

## Tuning Routine

Good intonation requires good breath support.  
Support your tone and adjust your tuning throughout.

The Tuning Routine consists of a single staff of music in bass clef, 4/4 time, and B-flat major. It features a series of chords and single notes, including a half note with a fermata, designed for intonation practice.

# 5 Minutes A Day Warm-up #3

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Play this chorale in 4 bar phrases and do not breathe between fermatas.

W.H. Monk, 1861  
Arranged by Andy Clark

*Broadly, do not rush!*

Musical score for Warm-up Chorale, featuring four staves of music in bass clef, 4/4 time, and B-flat major. The score includes dynamic markings such as *mf* and *f*, and includes a circled number 9 indicating a measure repeat. The piece concludes with a double bar line and a repeat sign.

## Lip Slur Exercise and Key Study

Play entire phrases without break. Strive for accuracy and watch for the key change.

*Steady Moderato*

Musical score for Lip Slur Exercise and Key Study, featuring four staves of music in bass clef, 4/4 time, and B-flat major. The score includes dynamic markings such as *mf* and *f*, and includes a circled number 9 indicating a measure repeat. The exercise consists of continuous slurs across multiple measures, with a key change to D major indicated by a sharp sign on the F line.

## Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical score for Tuning Routine, featuring a single staff of music in bass clef, 4/4 time, and B-flat major. The score includes dynamic markings such as *f* and *mf*, and includes a circled number 9 indicating a measure repeat. The routine consists of a series of notes and rests, with a final fermata.

# 5 Minutes A Day Warm-up #4

Frombones  
Baritone BC  
Bassoon

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647  
Arranged by Andy Clark

*Confidently and with motion*

Musical score for Warm-up Chorale, featuring a bass clef and a 4/4 time signature. The piece is marked *f* (forte). It consists of three staves of music. The first staff begins with a dynamic marking of *f*. The second staff contains a circled number '9' above a measure. The third staff concludes with a double bar line and repeat dots.

## Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

*Steady Walking Tempo* (♩ = ♩)

Musical score for Mixed Meter Exercise and Key Study, featuring a bass clef and a key signature of one flat. The piece is marked *mf* (mezzo-forte). It consists of four staves of music, each with a different time signature: 3/4, 2/4, 3/4, 5/4, 6/4, 7/4, 6/4, 5/4, 6/4, 7/4, and 5/4. A circled number '9' is placed above the second measure of the second staff. The piece concludes with a double bar line and repeat dots.

## Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900  
Arranged by Andy Clark

*As Smoothly  
As Possible*

Musical score for Tuning Routine, featuring a bass clef and a 4/4 time signature. The piece is marked *As Smoothly As Possible*. It consists of two staves of music. The first staff begins with a dynamic marking of *mf*. The second staff concludes with a double bar line and repeat dots.

# 5 Minutes A Day Warm-up #5

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876  
Arranged by Andy Clark

Musical score for Warm-up Chorale, featuring four staves of music in bass clef, 4/4 time, and a key signature of two flats (B-flat and E-flat). The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 8, indicating the start of a section. The third staff contains a circled number 15, indicating the start of another section. The music consists of a series of chords and melodic lines.

## Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

Musical score for Key Study & Technique Exercise, featuring four staves of music in bass clef, 4/4 time. The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9, indicating the start of a section. The music consists of a series of eighth and sixteenth note patterns, many of which are grouped in threes (trios).

## Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

Musical score for Tuning Routine, featuring one staff of music in bass clef, 4/4 time. The music consists of a series of chords and melodic lines, including a circled number 9, indicating the start of a section.

# 5 Minutes A Day Warm-up #6

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824  
Arranged by Andy Clark

*Maestoso*

Musical score for Warm-up Chorale, featuring three staves of music in bass clef, 4/4 time, and a key signature of three flats (B-flat, E-flat, A-flat). The first staff begins with a dynamic marking of *f*. The second staff includes a circled measure number '9' and a dynamic marking of *mp*. The third staff concludes with a dynamic marking of *mf*.

## Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

*Moderately*

Musical score for Articulation & Technique Exercise, featuring four staves of music in bass clef, 4/4 time. The first staff is in three flats. The second and third staves are in two flats. The fourth staff includes a circled measure number '9' and features accents (^) and breath marks (>) over various notes.

## Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846  
Arranged by Andy Clark

*Broadly*

Musical score for Tuning Routine, featuring two staves of music in bass clef, 4/4 time. The first staff includes a circled measure number '9' and shows a key change from three flats to two flats. The second staff concludes with a double bar line.

# 5 Minutes A Day Warm-up #7

Trombones  
Baritone BC  
Bassoon

## Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.  
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880  
Arranged by Andy Clark

*Slowly*



*Slightly Faster*



*Ritard...*



## Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

*Marcato with Spirit*



## Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868  
Arranged by Andy Clark

*Slowly*



# 5 Minutes A Day Warm-up #8

## Warm-up Chorale

Play in a broad marcato style and strive for the best possible tone.  
Hold all notes full value and maintain steady tempo until the ritard.

Ralph V. Williams, 1906  
Arranged by Andy Clark

**Corbones**  
**Baritone BC**  
**Assoon**

*Slow and Stately March Tempo*

First staff of musical notation for the Warm-up Chorale, featuring a bass clef, 4/4 time signature, and a forte (f) dynamic marking.

Second staff of musical notation for the Warm-up Chorale, including a circled measure number 9 and a ritardando (Ritard...) instruction.

Third staff of musical notation for the Warm-up Chorale, concluding with a double bar line and repeat dots.

## 6/8 Rhythm Drill and Minor Key Study

- 1X: *Slowly & Legato in 6*
- 2X: *Faster but Lightly in 2*
- 3X: *Faster Gigue Tempo in 2*

First staff of musical notation for the 6/8 Rhythm Drill, featuring a bass clef, 6/8 time signature, and a mezzo-forte (mf) dynamic marking.

Second staff of musical notation for the 6/8 Rhythm Drill, continuing the rhythmic pattern.

Third staff of musical notation for the 6/8 Rhythm Drill, including a circled measure number 9.

Fourth staff of musical notation for the 6/8 Rhythm Drill, concluding with a double bar line and repeat dots.

## Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

First staff of musical notation for the Tuning Routine, featuring a bass clef and 4/4 time signature.

Second staff of musical notation for the Tuning Routine, showing sustained notes with fermatas.



# 5 Minutes A Day Warm-up #9

## Warm-up Chorale

Play in a broad flowing style and strive for the best possible tone.

Listen carefully to the pitch relationships of the minor key and hold all notes full value. Old French Carol Melody

Arranged by Andy Clark

**Trombones**  
**Baritone BC**  
**Bassoon**

*In tempo, but not too fast*



## Key Study and Articulation Exercise

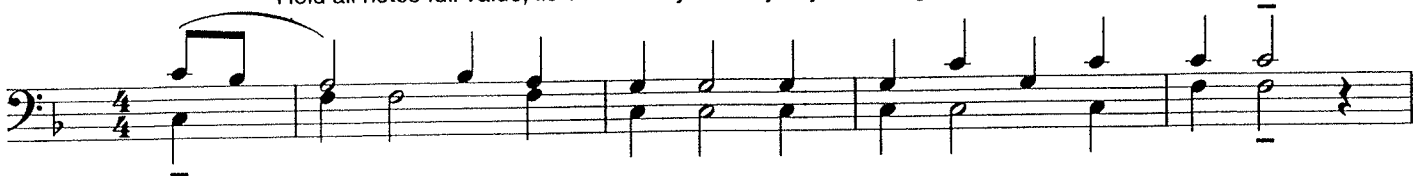
This study focuses on keys with sharps. Check fingerings/positions until they feel comfortable.

*Strive for accuracy at a steady tempo*



## Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.



# 5 Minutes A Day Warm-up #10

## Warm-up Chorale

Play in a broad flowing style and hold all notes full value.  
Strive for the best possible tone.

Jean Sibelius, 1899  
Arranged by Andy Clark

Trombones  
Baritone BC  
Bassoon

*Broadly*

Musical notation for the first staff of the Warm-up Chorale, featuring a bass clef, 4/4 time signature, and a mezzo-forte (*mf*) dynamic marking.

9

Musical notation for the second staff of the Warm-up Chorale, starting with a circled measure number 9.

17

Musical notation for the third staff of the Warm-up Chorale, starting with a circled measure number 17 and ending with a forte (*f*) dynamic marking.

## Tonguing Exercise, Rhythm & Key Study

Tongue each note cleanly unless marked otherwise. Careful with the triplets in the last few bars!

As fast as you can tongue with a steady tempo

Musical notation for the first staff of the Tonguing Exercise, featuring a bass clef, 4/4 time signature, and a mezzo-forte (*mf*) dynamic marking.

Musical notation for the second staff of the Tonguing Exercise.

9

Musical notation for the third staff of the Tonguing Exercise, starting with a circled measure number 9.

Musical notation for the fourth staff of the Tonguing Exercise, featuring triplet markings.

## Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

*Carefully*

Musical notation for the first staff of the Tuning Routine, featuring a bass clef, 4/4 time signature, and a sharp key signature.

Musical notation for the second staff of the Tuning Routine, showing a whole note chord.

# 5 Minutes A Day Warm-up #11

## Warm-up Chorale

Strive for the best possible tone and play in a broad flowing style  
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824  
Arranged by Andy Clark

**Trombones**  
**Baritone BC**  
**Bassoon**

*Slowly*

*mf*

9

8

Detailed description: This block contains the first three staves of the 'Warm-up Chorale' for Trombones, Baritone BC, and Bassoon. The music is in 4/4 time and begins with a 'Slowly' tempo marking. The first staff starts with a mezzo-forte (*mf*) dynamic. The piece features a series of eighth and quarter notes, with some notes beamed together. A circled '9' indicates the end of the first phrase, and a circled '8' indicates the end of the second phrase. The key signature has one flat (Bb).

## Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

*mf*

9

Detailed description: This block contains the first three staves of the 'Key Study and Articulation Exercise'. The music is in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. It consists of a continuous eighth-note pattern across all three staves. The key signature changes from one flat (Bb) to two flats (Bb, Eb) in the second staff, and then to three flats (Bb, Eb, Ab) in the third staff. A circled '9' indicates the end of the first phrase. The exercise focuses on articulation and key changes.

## Tuning Routine

In order for the dissonance in this tuner to resolve properly,  
it must be played in tune. Listen carefully for the tension and releases.

*Slowly*

Detailed description: This block contains the first two staves of the 'Tuning Routine'. The music is in 4/4 time and begins with a 'Slowly' tempo marking. The first staff features a series of notes that create a dissonant interval, which then resolves. The second staff continues with a similar pattern, focusing on the tension and release of the dissonance. The key signature has one flat (Bb).

# 5 Minutes A Day Warm-up #12

**Trombones  
Baritone BC  
Bassoon**

## Warm-up Chorale

Strive for the best possible tone and play in a smooth flowing style  
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817  
Arranged by Andy Clark

*As Smoothly As Possible*

Musical score for Warm-up Chorale, featuring four staves of music in bass clef, 4/4 time, and one sharp (F#). The score includes a dynamic marking of *mf* and a circled number 9 indicating a measure repeat. The music consists of a series of chords and melodic lines that flow smoothly.

## Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

Musical score for Chromatic Scale Exercise, featuring four staves of music in bass clef, 4/4 time, and two flats (Bb, Eb). The score includes a dynamic marking of *mf* and a circled number 9 indicating a measure repeat. The exercise consists of a series of chromatic scales and triplets.

## Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

Musical score for Tuning Routine, featuring two staves of music in bass clef, 4/4 time, and two flats (Bb, Eb). The score includes a dynamic marking of *Broadly*. The routine consists of a series of notes and chords that are played slowly and deliberately.