

5 Minutes A Day Warm-up #1

E♭ Baritone Sax
E♭ Alto Clarinet

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.
Try to breathe only where marked.

L.V. Beethoven, 1824
Arranged by Andy Clark

Not too Slowly

Musical score for Warm-up Chorale, arranged by Andy Clark. The score is written in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. It consists of four staves of music. The first staff starts with a treble clef and a key signature of one sharp (F#). The music is characterized by a broad, legato style. A circled number '9' is placed above the second staff, indicating a measure rest. The piece concludes with a double bar line and repeat dots.

Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

Lightly in a Steady Tempo

Musical score for Interval Study and Technique Exercise, arranged by Andy Clark. The score is written in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. It consists of four staves of music. The first staff starts with a treble clef and a key signature of one sharp (F#). The music is characterized by a steady tempo and accurate pitches. A circled number '9' is placed above the third staff, indicating a measure rest. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

Musical score for Tuning Routine, arranged by Andy Clark. The score is written in 4/4 time and begins with a mezzo-forte (*mf*) dynamic. It consists of one staff of music. The first staff starts with a treble clef and a key signature of one sharp (F#). The music is characterized by a steady tempo and accurate pitches. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #2

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838
Arranged by Andy Clark

E♭ Baritone Sax
E♭ Alto Clarinet

Legato

Musical notation for the Warm-up Chorale, consisting of three staves in 4/4 time. The first staff begins with a treble clef, a key signature of one flat (B♭), and a 4/4 time signature. The music is marked *mf* and *Legato*. The first staff contains the first measure, starting with a quarter rest followed by a quarter note G4. The second staff continues with a quarter note A4, a quarter note B♭4, and a quarter note C5. The third staff continues with a quarter note D5, a quarter note E5, a quarter note F5, and a quarter note G5. The piece concludes with a double bar line and repeat dots.

Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

Lightly in a Steady Tempo

Musical notation for the Key Study and Technique Exercise, consisting of four staves in 4/4 time. The first staff begins with a treble clef, a key signature of one flat (B♭), and a 4/4 time signature. The music is marked *mf*. The first staff contains the first measure, starting with a quarter note G4, followed by eighth notes A4, B♭4, and C5. The second staff continues with eighth notes D5, E5, F5, and G5. The third staff continues with eighth notes A5, B5, C6, and B5. The fourth staff continues with eighth notes A5, G5, F5, and E5. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Good intonation requires good breath support.
Support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine, consisting of one staff in 4/4 time. The staff begins with a treble clef, a key signature of one flat (B♭), and a 4/4 time signature. The music is marked *mf*. The first staff contains the first measure, starting with a quarter note G4, followed by a quarter note A4, a quarter note B♭4, and a quarter note C5. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #3

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad legato style and strive for the best possible tone.
Play this chorale in 4 bar phrases and do not breathe between fermatas.

W.H. Monk, 1861
Arranged by Andy Clark

Musical notation for the Warm-up Chorale, consisting of four staves of music in 4/4 time. The first staff begins with a treble clef, a key signature of one sharp (F#), and a dynamic marking of *mf*. The music features a series of eighth and quarter notes, with fermatas placed over several notes. A circled number '9' is positioned above the second staff, indicating a measure rest. The piece concludes with a double bar line and repeat dots.

Lip Slur Exercise and Key Study

Play entire phrases without break. Strive for accuracy and watch for the key change.

Musical notation for the Lip Slur Exercise and Key Study, consisting of four staves of music in 4/4 time. The first staff begins with a treble clef, a key signature of one sharp (F#), and a dynamic marking of *mf*. The exercise is composed of continuous slurs of eighth and quarter notes. The key signature changes from F# to natural (F) in the second staff, and then to one flat (B♭) in the third staff. A circled number '9' is positioned above the first staff of the B♭ section. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine, consisting of a single staff of music in 4/4 time. The key signature is one sharp (F#). The routine features a series of notes, including quarter and eighth notes, with fermatas placed over several notes to indicate where to adjust tuning. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #4

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647
Arranged by Andy Clark

E♭ Baritone Sax
E♭ Alto Clarinet

Confidently and with motion

Musical notation for the Warm-up Chorale, consisting of three staves of music in G major and 4/4 time. The first staff begins with a dynamic marking of *f*. The second staff contains a circled number 9. The piece concludes with a double bar line and repeat dots.

Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

Steady Walking Tempo (♩ = ♩)

Musical notation for the Mixed Meter Exercise and Key Study, consisting of four staves of music in G major. The first staff starts with a dynamic marking of *mf*. The piece features various time signatures: 3/4, 2/4, 3/4, 5/4, 6/4, 7/4, 5/4, 6/4, 7/4, and 6/4. A circled number 9 is present in the second staff. The exercise ends with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900
Arranged by Andy Clark

As Smoothly As Possible

Musical notation for the Tuning Routine, consisting of two staves of music in G major and 4/4 time. The piece is designed for smooth, sustained playing to help with tuning.

5 Minutes A Day Warm-up #5

E♭ Baritone Sax
E♭ Alto Clarinet

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876
Arranged by Andy Clark

Musical notation for the Warm-up Chorale, consisting of three staves in 4/4 time. The first staff begins with a *mf* dynamic marking. The second staff has a circled '8' above the first measure. The third staff has a circled '15' above the first measure. The piece concludes with a double bar line and repeat dots.

Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

Musical notation for the Key Study & Technique Exercise, consisting of four staves in 4/4 time. The first staff begins with a *mf* dynamic marking. The second and fourth staves feature triplets. The third staff has a circled '9' above the first measure. The piece concludes with a double bar line and repeat dots.

Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

Musical notation for the Tuning Routine, consisting of one staff in 4/4 time. The piece consists of a series of notes and rests, ending with a double bar line and repeat dots.

5 Minutes A Day Warm-up #6

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad legato style and strive for the best possible tone.
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824
Arranged by Andy Clark

Maestoso

Musical notation for the Warm-up Chorale exercise, consisting of three staves of music in 4/4 time. The first staff starts with a dynamic marking of *f* and a circled '9' above the staff. The second staff has a dynamic marking of *mp* and a circled '9' above the staff. The third staff has a dynamic marking of *mf* and ends with a double bar line and repeat dots.

Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

Moderately

Musical notation for the Articulation & Technique Exercise, consisting of four staves of music in 4/4 time. The first staff is in G major. The second staff changes to E minor. The third staff changes to D major. The fourth staff changes to B minor. The exercise includes various rhythmic patterns and articulation marks.

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846
Arranged by Andy Clark

Broadly

Musical notation for the Tuning Routine exercise, consisting of two staves of music in 4/4 time. The first staff is in G major and the second staff is in E minor. The exercise consists of long, sustained notes for tuning purposes.

5 Minutes A Day Warm-up #7

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad legato style and strive for the best possible tone.
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880
Arranged by Andy Clark

Slowly



Slightly Faster



Ritard...



Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

Marcato with Spirit



Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868
Arranged by Andy Clark

Slowly



5 Minutes A Day Warm-up #8

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad marcato style and strive for the best possible tone.
Hold all notes full value and maintain steady tempo until the ritard.

Ralph V. Williams, 1906
Arranged by Andy Clark

Slow and Stately March Tempo

Musical notation for the Warm-up Chorale, consisting of three staves. The first staff begins with a treble clef, a key signature of two sharps (F# and C#), and a 4/4 time signature. The music starts with a dynamic marking of *f* (forte). The melody consists of quarter and eighth notes, with some notes marked with accents. A circled number '9' is placed above the eighth measure of the second staff. The third staff concludes with a *Ritard...* marking and a fermata over the final note.

6/8 Rhythm Drill and Minor Key Study

1X: *Slowly & Legato in 6*
2X: *Faster but Lightly in 2*
3X: *Faster Gigue Tempo in 2*

Musical notation for the 6/8 Rhythm Drill and Minor Key Study, consisting of four staves. The first staff is in a treble clef with a key signature of two sharps and a 6/8 time signature, starting with a dynamic marking of *mf* (mezzo-forte). The melody is primarily eighth notes. The second staff continues the drill. The third staff changes the key signature to one flat (B♭) and includes a circled number '9' above the first measure. The fourth staff concludes with a fermata over the final note.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine, consisting of two staves. The first staff is in a treble clef with a key signature of one sharp (F#) and a 4/4 time signature. It contains a sequence of notes: a whole note G4, a whole note A4, a whole note B4, a whole note C5, a quarter note B4, an eighth note A4, and a quarter note G4. The second staff shows two whole notes, G4 and A4, each with a fermata above it, indicating a sustained tone for tuning purposes.

5 Minutes A Day Warm-up #9

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad flowing style and strive for the best possible tone.
Listen carefully to the pitch relationships of the minor key and hold all notes full value.

Old French Carol Melody
Arranged by Andy Clark

In tempo, but not too fast

Musical notation for the Warm-up Chorale, consisting of three staves of music in 4/4 time. The key signature has two sharps (F# and C#). The first staff starts with a mezzo-forte (mf) dynamic. The second staff begins with a circled number 7. The third staff begins with a circled number 13 and ends with a repeat sign.

Key Study and Articulation Exercise

This study focuses on keys with sharps. Check fingerings and practice until they feel comfortable.

Strive for accuracy at a steady tempo

Musical notation for the Key Study and Articulation Exercise, consisting of four staves of music in 4/4 time. The key signature has four sharps (F#, C#, G#, and D#). The first staff starts with a mezzo-forte (mf) dynamic. The second staff begins with a circled number 9. The exercise consists of eighth-note patterns with slurs and accents.

Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.

Musical notation for the Tuning Routine, consisting of two staves of music in 4/4 time. The key signature has two sharps (F# and C#). The first staff contains a sequence of quarter notes. The second staff contains a sequence of quarter notes, with the final two notes (F# and C#) held with a fermata.

5 Minutes A Day Warm-up #10

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Play in a broad flowing style and hold all notes full value.
Strive for the best possible tone.

Jean Sibelius, 1899
Arranged by Andy Clark

Broadly

mf

9

17

f

Tonguing Exercise, Rhythm & Key Study

Tongue each note cleanly unless marked otherwise. Careful with the triplets in the last few bars!

As fast as you can tongue with a steady tempo

mf

9

3

3

3

3

Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

Carefully

4/4

5 Minutes A Day Warm-up #11

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Strive for the best possible tone and play in a broad flowing style
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824
Arranged by Andy Clark

Slowly

Musical notation for the Warm-up Chorale, consisting of three staves. The first staff begins with a treble clef, a key signature of two sharps (F# and C#), and a 4/4 time signature. The music is marked *mf*. The second staff contains a circled number '9' above a measure. The third staff concludes with a double bar line and repeat dots.

Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

Musical notation for the Key Study and Articulation Exercise, consisting of four staves. The first staff is in G major (two sharps) and 4/4 time, marked *mf*. The second staff changes to E minor (three sharps). The third staff changes to C major (no sharps or flats). The fourth staff changes to A minor (no sharps or flats). The exercise features eighth-note patterns with accents and slurs.

Tuning Routine

In order for the dissonance in this tuner to resolve properly,
it must be played in tune. Listen carefully for the tension and releases.

Slowly

Musical notation for the Tuning Routine, consisting of two staves. The first staff is in G major (two sharps) and 4/4 time. The second staff continues the exercise with various intervals and a final sustained note.

5 Minutes A Day Warm-up #12

Warm-up Chorale

E♭ Baritone Sax
E♭ Alto Clarinet

Strive for the best possible tone and play in a smooth flowing style
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817
Arranged by Andy Clark

As Smoothly As Possible

Musical notation for the Warm-up Chorale, consisting of three staves in 4/4 time with a key signature of three sharps (F#, C#, G#). The first staff begins with a dynamic marking of *mf*. The piece concludes with a repeat sign and a fermata over the final note.

Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

Musical notation for the Chromatic Scale Exercise, consisting of four staves in 4/4 time with a key signature of three sharps. The first staff begins with a dynamic marking of *mf*. The exercise includes various rhythmic patterns, including triplets and a circled '9' indicating a nine-measure phrase.

Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

Musical notation for the Tuning Routine, consisting of two staves in 4/4 time with a key signature of three sharps. The first staff begins with the instruction *Broadly*. The routine includes sustained notes and a final fermata.