

5 Minutes A Day Warm-up #12

Warm-up Chorale

E♭ Alto Saxes

Strive for the best possible tone and play in a smooth flowing style
Be careful not to rush the tempo and hold all notes full value.

Robert Williams, 1817
Arranged by Andy Clark

As Smoothly As Possible

Musical score for Eb Alto Saxes, Warm-up Chorale. The score is in 4/4 time and consists of three staves. The key signature has three sharps (F#, C#, G#). The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9. The piece concludes with a double bar line and repeat dots.

Chromatic Scale Exercise

Practice this exercise at all tempos both tongued and slurred.

Musical score for Eb Alto Saxes, Chromatic Scale Exercise. The score is in 4/4 time and consists of four staves. The key signature has one sharp (F#). The first staff begins with a dynamic marking of *mf*. The second staff contains a circled number 9. The exercise features various chromatic patterns, including triplets, and ends with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen carefully and adjust the tuning accordingly.

Musical score for Eb Alto Saxes, Tuning Routine. The score is in 4/4 time and consists of two staves. The key signature has one sharp (F#). The first staff begins with the instruction *Broadly*. The routine consists of sustained notes and intervals for tuning purposes, ending with a double bar line and repeat dots.

5 Minutes A Day Warm-up #11

E♭ Alto Saxes

Warm-up Chorale

Strive for the best possible tone and play in a broad flowing style
Hold all notes full value and be careful not to rush the tempo.

Lowell Mason, 1824
Arranged by Andy Clark

Slowly

Musical score for Eb Alto Saxes, Warm-up Chorale. The score is in 4/4 time, key of D major (two sharps). It consists of three staves of music. The first staff begins with a dynamic marking of *mf*. The music features a broad, flowing style with sustained notes and some slurs. A circled number '9' is placed above the second staff, indicating a measure repeat or a specific measure to be repeated.

Key Study and Articulation Exercise

Careful of the key changes, they aren't the keys usually found in your music.

Musical score for Key Study and Articulation Exercise. The score is in 4/4 time and consists of four staves of music. The first staff is in D major (two sharps) and begins with a dynamic marking of *mf*. The second staff changes to B minor (two sharps). The third and fourth staves change to B-flat major (two flats). The exercise focuses on articulation and key changes, with notes marked with accents and slurs. A circled number '9' is placed above the third staff, indicating a measure repeat.

Tuning Routine

In order for the dissonance in this tuner to resolve properly,
it must be played in tune. Listen carefully for the tension and releases.

Slowly

Musical score for Tuning Routine. The score is in 4/4 time, key of D major (two sharps). It consists of two staves of music. The first staff begins with a dynamic marking of *mf* and a circled number '9'. The music features dissonant intervals that resolve, with notes marked with slurs and accents. The second staff continues the exercise with similar dissonant intervals and resolutions.

5 Minutes A Day Warm-up #10

Warm-up Chorale

E♭ Alto Saxes

Play in a broad flowing style and hold all notes full value.
Strive for the best possible tone.

Jean Sibelius, 1899
Arranged by Andy Clark

Broadly

mf

9

17

f

Tonguing Exercise, Rhythm & Key Study

Tongue each note clearly unless marked otherwise. Careful with the triplets in the last few bars!

As fast as you can tongue with a steady tempo

mf

9

3

3

3

Tuning Routine

Orchestras use Concert A as their tuning reference note. Listen carefully.

Carefully

mf

5 Minutes A Day Warm-up #9

Warm-up Chorale

Play in a broad flowing style and strive for the best possible tone.

Listen carefully to the pitch relationships of the minor key and hold all notes full value.

E♭ Alto Saxes

Old French Carol Melody

Arranged by Andy Clark

In tempo, but not too fast

mf

7

13

Key Study and Articulation Exercise

This study focuses on keys with sharps. Check fingerings and practice until they feel comfortable.

Strive for accuracy at a steady tempo

mf

9

Tuning Routine

Hold all notes full value, listen carefully and adjust your tuning throughout.

mf

5 Minutes A Day Warm-up #8

Warm-up Chorale

E♭ Alto Saxes

Play in a broad marcato style and strive for the best possible tone.
Hold all notes full value and maintain steady tempo until the ritard.

Ralph V. Williams, 1906
Arranged by Andy Clark

Slow and Stately March Tempo

Musical score for Eb Alto Saxes, Warm-up Chorale. The score is in 4/4 time, key of D major. It consists of three staves of music. The first staff begins with a forte (*f*) dynamic. The second staff has a circled '9' above it. The third staff ends with a ritardando (*Ritard...*) marking.

6/8 Rhythm Drill and Minor Key Study

- 1X: *Slowly & Legato in 6*
- 2X: *Faster but Lightly in 2*
- 3X: *Faster Gigue Tempo in 2*

Musical score for Eb Alto Saxes, 6/8 Rhythm Drill and Minor Key Study. The score is in 6/8 time, key of D major. It consists of four staves of music. The first staff begins with a mezzo-forte (*mf*) dynamic. The second staff has a circled '9' above it. The third and fourth staves show a key change to D minor.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical score for Eb Alto Saxes, Tuning Routine. The score is in 4/4 time, key of D major. It consists of one staff of music with various chords and intervals.

5 Minutes A Day Warm-up #7

Warm-up Chorale

Eb Alto Saxes

Play in a broad legato style and strive for the best possible tone.
Hold all notes full value as if you are singing through your horn.

William G. Tomer, 1880
Arranged by Andy Clark

The musical score for the Warm-up Chorale is written for Eb Alto Saxes in 4/4 time. It consists of three staves of music. The first staff begins with a *Slowly* tempo marking and a *mf* dynamic. The second staff includes a *Slightly Faster* tempo marking and a *f* dynamic, with a circled measure number '9' indicating the start of a new section. The third staff concludes with a *Ritard...* marking. The key signature is one sharp (F#).

Counting Exercise and Key Study

Perform the rhythms accurately while maintaining a steady tempo. Observe the key change.

Marcato with Spirit

The musical score for the Counting Exercise and Key Study is written for Eb Alto Saxes in 4/4 time. It consists of four staves of music. The first staff begins with a *Marcato with Spirit* tempo marking. The key signature starts with one sharp (F#) and changes to one flat (F) at the beginning of the third staff, which is marked with a circled measure number '9'. The exercise focuses on rhythmic accuracy and steady tempo.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Joseph Barnby, 1868
Arranged by Andy Clark

The musical score for the Tuning Routine is written for Eb Alto Saxes in 4/4 time. It consists of two staves of music. The first staff begins with a *Slowly* tempo marking. The key signature is one flat (F). The second staff concludes with a circled measure number '8' and a double bar line.

5 Minutes A Day Warm-up #6

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Play all moving lines slightly louder and bolder.

Benjamin Carr, 1824
Arranged by Andy Clark

E♭ Alto Saxes

Maestoso

f

mp

mf

Articulation & Technique Exercise + Key Study

Count the rhythms carefully while maintaining a steady tempo. Watch out for the key changes!

Moderately

Moderately

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Felix Mendelssohn, 1846
Arranged by Andy Clark

Broadly

Broadly

5 Minutes A Day Warm-up #5

E♭ Alto Saxes

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.

Phillip Bliss, 1876

Arranged by Andy Clark

Musical notation for the Warm-up Chorale, consisting of three staves. The first staff begins with a treble clef, a key signature of one flat (B♭), and a 4/4 time signature. The music is marked *mf*. The second staff contains a circled number 8, and the third staff contains a circled number 15, indicating measure numbers. The piece concludes with a double bar line.

Key Study & Technique Exercise

Watch the key changes and strive for accurate rhythms and articulations.

Musical notation for the Key Study & Technique Exercise, consisting of four staves. The first staff is in 4/4 time, marked *mf*. The second staff features a series of eighth-note triplets. The third staff begins with a circled number 9. The fourth staff continues with eighth-note triplets and concludes with a double bar line.

Tuning Routine

Listen carefully & adjust instruments and embouchures as necessary.

Musical notation for the Tuning Routine, consisting of one staff. It begins with a treble clef and a 4/4 time signature. The notation includes a circled number 2, a whole note, and a circled number 8, indicating measure numbers for tuning purposes. The piece ends with a double bar line.

5 Minutes A Day Warm-up #4

E♭ Alto Saxes

Warm-up Chorale

Play in a broad legato style and strive for the best possible tone.
Carefully observe the accidentals in the moving parts.

Johann Cruger, 1647
Arranged by Andy Clark

Confidently and with motion

Musical score for Eb Alto Saxes, Warm-up Chorale. The score is in treble clef, key of D major (two sharps), and 4/4 time. It consists of three staves of music. The first staff begins with a dynamic marking of *f*. The music features a mix of eighth and quarter notes, with some slurs and accents. A circled number '9' appears above the second staff, indicating a measure repeat. The piece concludes with a double bar line and repeat dots.

Mixed Meter Exercise and Key Study

Count the rhythms carefully while maintaining a steady tempo.

Steady Walking Tempo (♩ = ♩)

Musical score for Eb Alto Saxes, Mixed Meter Exercise and Key Study. The score is in treble clef, key of D major (two sharps), and consists of four staves of music. The first staff begins with a dynamic marking of *mf*. The exercise features various time signatures: 3/4, 2/4, 3/4, 5/4, 6/4, 7/4, 5/4, 6/4, 5/4, 6/4, 7/4, and 6/4. The music is primarily composed of eighth and quarter notes. A circled number '9' is placed above the second staff, indicating a measure repeat. The exercise ends with a double bar line and repeat dots.

Tuning Routine

Support your tone, listen carefully and adjust your tuning throughout.

Peter C. Lutkin, 1900
Arranged by Andy Clark

As Smoothly As Possible

Musical score for Eb Alto Saxes, Tuning Routine. The score is in treble clef, key of D major (two sharps), and 4/4 time. It consists of two staves of music. The first staff begins with a dynamic marking of *mf*. The music is primarily composed of quarter and eighth notes, with some slurs and accents. The piece concludes with a double bar line and repeat dots.

5 Minutes A Day Warm-up #3

Warm-up Chorale

Eb Alto Saxes

Play in a broad legato style and strive for the best possible tone.
Play this chorale in 4 bar phrases and do not breathe between fermatas.

W.H. Monk, 1861
Arranged by Andy Clark

Broadly, do not rush!

Musical notation for the Warm-up Chorale, Eb Alto Saxes. It consists of four staves of music in 4/4 time, marked *mf*. The first staff starts with a treble clef and a 4/4 time signature. The music is written in a broad, legato style with fermatas. A circled '9' indicates a measure rest. The piece ends with a double bar line and repeat dots.

Lip Slur Exercise and Key Study

Play entire phrases without break. Strive for accuracy and watch for the key change.

Steady Moderato

Musical notation for the Lip Slur Exercise and Key Study, Eb Alto Saxes. It consists of four staves of music in 4/4 time, marked *mf*. The first staff starts with a treble clef and a 4/4 time signature. The music is written in a steady, moderate tempo with slurs. A circled '9' indicates a measure rest. The piece ends with a double bar line and repeat dots.

Tuning Routine

Listen carefully, support your tone and adjust your tuning throughout.

Musical notation for the Tuning Routine, Eb Alto Saxes. It consists of one staff of music in 4/4 time, marked *mf*. The music is written in a steady, moderate tempo with slurs. The piece ends with a double bar line and repeat dots.

5 Minutes A Day Warm-up #2

Warm-up Chorale

E♭ Alto Saxes

Play in a broad legato style, strive for the best possible tone.
Play moving lines (1/8th notes) slightly louder.

Conrad Kocher, 1838
Arranged by Andy Clark

Legato

mf

Key Study and Technique Exercise

Watch out for the key changes and strive to play the articulations exactly as marked.

Lightly in a Steady Tempo

mf

9

Tuning Routine

Good intonation requires good breath support.
Support your tone and adjust your tuning throughout.

2

5 Minutes A Day Warm-up #1

E♭ Alto Saxes

Warm-up Chorale

Play in a broad legato style, strive for the best possible tone.
Try to breathe only where marked.

L.V. Beethoven, 1824
Arranged by Andy Clark

Not too Slowly

mf

Interval Study and Technique Exercise

Strive for accurate pitches and tongue each note unless marked otherwise.

Lightly in a Steady Tempo

mf

Tuning Routine

Support your tone, listen very carefully and adjust your tuning throughout.

mf